



### How long have you worked at Pacific Life Re?

I've been here for nearly a year now.

### Describe the company in 3 words.

Enterprising. Driven. Unconventional.

### What has been your most memorable moment whilst working at Pacific Life Re?

I was asked to represent the company at a client meeting in Thailand... on my second week! Thankfully, I had lots of support from the team and it turned out well.

### Are you a member of any industry bodies or market committees? If so, which ones?

I am a Fellow of the Academy of Life Underwriting (FALU) and the Life Management Institute (FLMI).

### If you had a choice, which Pacific Life Re office would you want to work in?

If I had to do a secondment, I would love to work in our London office. I think I would fit in very well with the culture, given that I used to work for another European company, so that makes the transition a lot easier.

### What has been your favourite work social event since joining Pacific Life Re?

Art jamming! That was fun. Oh, but the recent Summer Party in Batam would rank quite highly too.

### Have you taken part in any extra training during your time at Pacific Life Re? If so, what new skills did you gain?

On my first day of work, I was whisked off to an offsite sales training. It quickly proved to be very useful as there were aspects I was able to apply in my interactions with the clients.

### How do you wind down?

I try to spend an hour at the gym twice or thrice a week. I also like practicing mindfulness before going to bed - it clears my mind and keeps me relaxed.

### Life philosophy

Be contented with what you have and be grateful for every new day.

**“Pacific Life Re is enterprising, driven and unconventional.”**