

How long have you worked at Pacific Life Re?

I've worked here for 3 years now.

What is your favourite thing about working at Pacific Life Re?

Definitely the culture! The entire office is very collaborative, and we are able to take ownership of our own work and I see my co-workers more as friends than colleagues!

Describe the company in 3 words.

Specialised. Innovative. Fun.

What has been your favorite work social event since joining the company?

Our summer party in Niagara on the lake was so much fun!

Have you taken part in any extra training during your time at Pacific Life Re? If so, what new skills did you gain?

I regularly attend HRP (Human Resources Professional Association) conferences, along with legal seminars to help improve my knowledge in the field, particularly in employment law. We also have Lunch-and-Learn sessions in the offices, where I gain a greater insight into our business, along with what other departments are working on.

3 essential items to bring to a deserted island

Apart from matches, food and water... I would bring my iPhone, e-reader and wine!



“I see my co-workers more as friends than colleagues!”

CHRISTINE ARMSTRONG

HR Generalist | North America